

# FACS Exploration- Foods

Mrs. Durrance—Room 83

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**Purpose:** FACS Exploration- Foods is a one semester elective class where students will learn basic and child nutrition, food preparation, safety, budgeting and food handling skills. For more information see the class website.

**Fees:** A \$10.00 fee was paid in the office to cover cost of supplies.

**Rules:** Along with the following classroom rules, students will be expected to follow all school rules and dress code. Students will:

- 1- Be on time: School tardiness policy will be followed. Daily “Warm-Up” will be given – tardy or absent students will NOT be able to make up these points!
- 2- Be prepared: Students will need a pen or pencil everyday.
- 3- BE RESPECTFUL: Students will show respect for others, the equipment, and myself.
- 4- FOLLOW DIRECTIONS!
- 5- Keep hands, feet, and other objects to yourself.
- 6- Treat others kindly. Bullying will not be tolerated in my classroom. All reports of bullying will be reported to the administration

**Consequences:** If a rule is broken, students must sign the class “Rule Book”, and their behavior will be recorded. Consequences are as follows: 1- warning. 2- visit after class, lose participation points. 3- Lunch detention, lose participation points. 4- student must complete a behavior essay, lose participation points, 5- Parent notification, 0 participation points. 6- ISS, Removal from class.

**Lab Rules:** In order for our class to have the privilege to cook, all lab rules are expected to be followed. Students will:

1. Stay in assigned kitchens or at assigned table.
2. Keep the noise level low.
3. Complete assigned cooking and cleaning jobs. No switching jobs unless approved by teacher.
4. Act responsibly: No horseplay (snapping towels, splashing water, wandering, etc.).
5. Keep hands and other objects to yourself.
6. Respect all equipment and use it appropriately.

**Consequences:** 1. Five points deducted from lab grade. 2. Five points deducted from lab Grade. 3. Five points deducted from lab grade- Time out. 4. All lab points deducted, parent notification. 5. Cooking privilege taken away, parent notification.

\*NOTE: The responsible student(s) must replace any classroom equipment or materials damaged from failure to abide by classroom and lab rules.

**Rewards:** Students will be given “Wolf Bucks” or small prizes for class participation and effort. Class “points” will also be given to classes that are on task and respectful. The class with the most points at the end of the term will get to have a class party.

**Grades:** Grades will include an average of daily participation points, folder work,

cooking labs, and homework. Cooking labs will be worth 30 points each.

**Homework:** Each term students are required to practice cooking at home by making a meal for their family, which must include one homemade recipe of their choice. This can be a recipe from class, a family recipe, or a new recipe. Students should clean up as part of their grade. Please sign and send back a “Family Meal Evaluation” form for credit.

**Make-up:** To make-up a missed cooking lab students need to practice cooking at home and bring back a signed “Make-up” sheet. They can make any homemade recipe, and clean up will be part of the grade.

**High Stakes Policy:** Reminder, in order for students to receive credit in this class, or any other class at Centennial, they must earn a minimum of 70 percent.

**Students with Disabilities:** If you have any disability that may keep you from successfully completing this class, please let me know. Accommodations are granted for all students who have qualified, documented disabilities. Services are coordinated with the student and instructor through the Special Education Department and Administration.

**Videos:** Periodically, educational videos/clips will be shown in class. Videos will be “NR” or “G” ratings, making them appropriate for all ages. They are instructional, having to do with the curriculum. There may be sections shown from “Super-Size Me” (edited, educational version), some cooking shows from Food TV (Unwrapped, Good Eats, Ace of Cakes), Shark Tank and Ratatouille. If you would like a complete list or any questions, please let me know. Also, occasionally during a cooking lab we may listen to school appropriate music. Please let me know if you have any questions or concerns.

**Check Grades on Internet:** Students and parents may check all class grades by going to Provo School District’s website, [www.provo.edu](http://www.provo.edu), and logging into Power School.

**Class Website:** Our class has a website that can be found at [www.cms.provo.edu](http://www.cms.provo.edu). Click on the “Teacher Pages” link, then on the “Ms. Durrance” link. Or directly at [www.centennialfacs.weebly.com](http://www.centennialfacs.weebly.com) This website contains a link to the disclosure, class recipes, home-cooking assignments and make-up cooking assignments.

Please sign and return

Student Name \_\_\_\_\_

Student Signature \_\_\_\_\_

(I have read the disclosure and am willing to follow the rules and procedures for Foods).

Parent Signature \_\_\_\_\_

(I have read the disclosure with my child and understand the expectations of my child in Foods).

Parent/Guardian Information:

Parent/Guardian Names: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Does your child have any FOOD ALLERGIES? Please explain.

Anything else I should know about?

If you would be willing to share or teach any skills, talents or knowledge with our class, please explain below. For example, if you have a recipe you love and would like to demonstrate for the class, if you own a food business and would like to share any experiences or demonstrate a recipe, etc. We would love to have parent involvement in our classroom!

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THANK YOU!